

# Health Professions Advising Newsletter

April 2020

## In this Issue

Spring 2020 Guidance.....Pg 1  
April '20 Calendar.....Pg 2  
Events & Activities.....Pg 4 - 17  
Have an Event to  
Share?.....Pg 18

## Appointments and Drop ins

For drop ins, please text "L and S Advising" to 805-585-5821 during regularly scheduled Pre-Health or Pre-Law drop in hours and an advisor will call you.

For appointments, use the Letters and Science Advising Appointment system to make an appointment and select "by phone".

## Follow Us!

Stay up-to-date on pre-health related events and opportunities both on and off campus by following us on Facebook (UCSB Pre-Health Advising) and Instagram (@ucsbprehealthadvising)!

## Spring 2020 Guidance from Health Professions Advising

Hello UCSB Pre-Health Students,

We hope you and your families are doing well during this uncertain time. With W20 finals over, some of you may be thinking about what you'll be doing during the spring quarter. We will try to address some of these issues and questions below, but please remember, if you have any questions at all, you can email us at [prehealthinfo@ltsc.ucsb.edu](mailto:prehealthinfo@ltsc.ucsb.edu), and we will get back to you.

### Advising

Most advising services, including pre-health, general, and departmental advising, will be provided remotely via a combination of emails, phone calls, and Zoom meetings. For pre-health advising, you may continue to schedule **30 minute appointments** with Rob and Allie by phone using the L&S Advising Appointment System (link on the Health Professions Advising page home page). You may also email questions to us. You may also **schedule an appointment to "chat" via email with Daniel Vu, our Pre-Health Peer Advisor**. To schedule an appointment with Daniel, please use the L&S Advising Appointment System. At the date and time of your appointment with Daniel, he will email you to say hello and prompt you for your question. **Drop-in advising** will also take place remotely during our regularly scheduled drop-in times. In order to speak with a pre-health advisor during drop-ins, please text "L and S Advising" (do not use quotation marks) to the number 805-585-5821 and be sure to choose the option for Pre-Health. When you receive the "Summon" text to your phone, expect us to call you soon after. Remember, drop-in advising is meant to answer quick questions that typically take no longer than 10 minutes or so.

**Continued on Page 2**

### Contact Info

Location: 2105 North Hall | Email: [prehealthinfo@ltsc.ucsb.edu](mailto:prehealthinfo@ltsc.ucsb.edu) | Phone: (805) 893-2038

## Continued from Page 1

### Lab Courses

Some lab courses have been cancelled for the spring quarter; however, many labs will move to an online format. Please refer to emails you should have received from the MCDB, EEMB, CHEM, and Physics departments for more information on lab offerings. Summer Session courses are currently TBD, but keep an eye on the website for more information, <https://www.summer.ucsb.edu/registration-fees/registration-information>.

**Note: Historically, health professions schools have required prerequisite lab courses to be taken in an in-person format. We currently do not know how professional schools will view online labs taken during this time, but as we learn more from organizations such as the AAMC, ADEA, and others, we will share it with you.**

### Dropping Below 12 Units (Full-time status)

With many lab courses not being offered next quarter, some of you may face the possibility of dropping below full-time status. For those of you on financial aid, this may affect the aid you receive. In order to ensure you remain at or above 12 units, please utilize GOLD or consider Cross Campus Enrollment courses. For more information on cross campus enrollment, visit <https://crossenroll.universityofcalifornia.edu/>.

### Volunteering, Clinical Work, & INT 184PD

We've included in this month's newsletter guidance from Cottage Hospital's Director of Volunteer Services regarding volunteering at the hospital during this time. Although it is entirely up to you to decide what you do in terms of volunteer and paid clinical work, we ask you to keep in mind the health and safety of your roommates and others you may come into contact with outside of clinical settings when deciding whether or not to continue with clinical experiences during the spring quarter and during the Coronavirus pandemic. As we say, "Experiences can be gained at any time." To add to this, we encourage you to consider your health and those around you to be a top priority at this time, and if you are able, consider forgoing clinical experiences until a later date.

The S20 INT 184PD course was put on hold at the request of Cottage Hospital and Sansum Clinics due to developments related to COVID-19. Students who were selected to participate in the course during the spring quarter were dropped, so they will receive priority should the course be offered during F20. Students may still apply to participate in future offerings of INT 184PD and should follow the guidelines provided on the Health Professions Advising website, <https://healthsciences.duels.ucsb.edu/student/honors>.

### Professional School Admission Tests & Application Info

For those of you have scheduled testing dates, please be sure to check your email to find correspondence regarding testing site closures. Additionally, if you are applying to professional schools during the upcoming application cycle, please begin checking the websites for each school you were planning on applying to in order to determine any new deadlines.

# **Guidance from Cottage Hospital for Volunteers**

To: SBCH, GVCH & SYVCH Volunteers

From: Patricia Dooley, CAVS, Director of Volunteer Service

Date: March 16, 2020

Re: Volunteering at SBCH, GVCH, & SYVCH

Your health is important to us. As of Sunday, March 15th Cottage Health has asked all volunteers 65 or older to forgo their volunteer service based on the CDC guidelines and the recommendation from the Governor of California.

We encourage all volunteers to prioritize staying healthy. For some individuals this may mean it is best not to serve in the hospitals until the current COVID-19 guidance changes.

We would like you to serve at your comfort level. We understand if you choose to forgo your volunteer service during this time. We will look forward to when you can return. Please keep your shift lead/chairman and Volunteer Services informed of your status.

For volunteers on duty, please be diligent with hand hygiene and sanitizing desks, phones, toys and equipment. Please do not report for service if you are sick or experiencing any flu-like symptoms, have been exposed to COVID-19, or have traveled in the past 14 days to a country with ongoing community spread of the disease.

Take steps to protect yourself:

- Wash your hands often.
- Cover your coughs and sneezes.
- Avoid touching your face.
- Stay home if you are sick.
- Clean and disinfect frequently touched surfaces.

We are thankful for your service and commitment as a volunteer, and we will keep you informed of updates or changes. If you should have any questions or concerns, please let us know.

# Health Professions Advising Events & Activities Calendar

## April 2020

Note: drop-in advising will take place on Tuesday & Wednesday afternoons from 1:00pm - 3:30pm and on specific Fridays (See dates on calendar) from 9:00am - 11:30am!

Monday	Tuesday	Wednesday	Thursday	Friday	Sat./Sun
		1	2	3 Drop-ins; 9am-11:30am; Phone	4 5
6	7	8	9	10 Knight-Hennessy Scholarship Virtual Info Session	11 12 AMCAS Bootcamp, April 1th at 9am - Noon via Zoom
13	14	15	16	17 Drop-ins; 9am-11:30am; Phone	18 19
20	21	22	23	24	25 26
27	28	29	30		



### Pre-Health Student Organizations Meeting Information

All UCSB student organization meetings will take place virtually. Please contact your organization for more information.



# **MEDICAL SCHOOL APPLICATION BOOT CAMP**

**Saturday, April 11th,  
9:00am - Noon**

**UCSB Health Professions Advising will present the annual review of the 2020-21 AMCAS application process for admission to medical school. The focus will be on the issues and questions that often arise as applicants are completing the primary application followed by a Q & A discussion. Familiarity with The Official Guide to Medical School Admissions is highly recommended.**

**The AMCAS Bootcamp will be held via Zoom video conference. In order to receive the Zoom invite, you must send an email to [prehealthinfo@ltsc.ucsb.edu](mailto:prehealthinfo@ltsc.ucsb.edu) no later than 3:00pm on Friday, April 10th, indicating your interest!**

**Be sure to download Zoom to your computer or the app on your smartphone prior to the meeting. If you have any questions, please email us at [prehealthinfo@ltsc.ucsb.edu](mailto:prehealthinfo@ltsc.ucsb.edu).**

**Link to AAMC site for 2020-21 Medical School Admissions Guide  
TBD**





# MCAT and DAT Workshops & Student Panels

**MCAT: Sat., 5/2, 9am - Noon**

**DAT: Sat., 5/9, 9am - Noon**

This Spring, UCSB Health Professions Advising will present our first MCAT and DAT Prep Workshops! Our advisors will present an overview of the admissions tests followed by a Q & A discussion led by UCSB students who have already taken and performed well on the tests.

Familiarity with your professional school's prerequisite courses and standing as a 3rd year+ student is highly recommended.

The workshops will take place via Zoom, so if you are interested in participating, send an email to [prehealthinfo@ltsc.ucsb.edu](mailto:prehealthinfo@ltsc.ucsb.edu) NO LATER THAN 3pm THE FRIDAY PRIOR TO THE WORKSHOP YOU WISH TO ATTEND! You will receive the Google Calendar invite at approximately 4:00pm that Friday. Please join the meeting by 9am the morning of.

**Does your professional school require the GRE?**

The CLAS offers GRE prep workshops! Learn more at:

<http://clas.sa.ucsb.edu/services/academic-skills>

# Give us your feedback!



UCSB Health Professions Advising would like your feedback on the advising you receive and programs we offer. Share with us what you love and find beneficial about Health Science Advising, and also let us know what we can do better or what information you think would be beneficial for yourself and other pre-health students at UCSB!

**Follow this link to complete the survey:**  
**<https://forms.gle/DffDrnuXNzT4NoP57>**

# From our Instagram & Facebook Posts

## Attention Test-Takers!

### Closure of U.S.- and Canada-based Pearson VUE-owned Test Centers

Due to increasing concern for the health and safety of our candidates and our employees and in response to government guidance and difficulty procuring the critical hygienic products that keep our test centers safe, we are temporarily closing our U.S.- and Canada-based Pearson VUE-owned test centers starting Tuesday, March 17.

Candidates can reschedule their exams for appointments starting April 16 and beyond if conditions allow. For information on global regions outside the U.S. and Canada, please see below.

### Candidate Scheduling Information

#### If you already have a scheduled exam:

You will receive an email cancellation notice and you will either receive a refund (if paid to Pearson VUE) or an extension as determined by your exam sponsor. We will work with you to reschedule your exam as soon as it is safe to resume test delivery (on or after April 16).

#### If you are looking to schedule an exam:

Registration windows for new exam appointments will not be available until April 16. If you have additional questions regarding voucher usage or testing windows, please visit your exam program homepage to speak to the customer service team associated with your program.

#### For a list of all tests administered by Pearson VUE:

<https://home.pearsonvue.com/Test-takers/A-to-Z-program-list/View-all.aspx>

keeplearning.id.ucsb.edu

## KEEP LEARNING UCSB

### Resources for Remote Learning



## Great Resource

The National Association of Advisors for the Health Professions (NAAHP) has created a page with links and resources to help you understand how professional school applications and admissions tests are being affected by COVID-19!

<https://www.naahp.org/covid-19hplinks/home>

## UCSB Pre-Health Students

Please remember to include your Perm number in the body of your emails that you send to the [prehealthinfo@ltsc.ucsb.edu](mailto:prehealthinfo@ltsc.ucsb.edu) email address. Also, remember that we are still holding scheduled and drop-in appointments by phone!

**Be Safe!**

**UCSB Health Professions Advising**



# Attention!

## Pre-Professional Advising has gone remote.



Drop ins and appointments are still available!

For drop ins, please text "L and S Advising" to 805-585-5821 during regularly scheduled Pre-Health or Pre-Law drop in hours and an advisor will call you.

For appointments, use the Letters and Science Advising Appointment system to make an appointment and select "by phone".

Zoom meetings and Google Hangouts are also available.



If you have a quick question:

*For pre-health:* please email [prehealthinfo@ltsc.ucsb.edu](mailto:prehealthinfo@ltsc.ucsb.edu)

*For pre-law:* please email [mmoran-lanier@ltsc.ucsb.edu](mailto:mmoran-lanier@ltsc.ucsb.edu)  
or call 805-893-5752

# INTERNSHIP SCHOLARSHIP PROGRAM

*Make experience happen!*

**Scholarship awards  
available!**

For more info about the program:  
<http://bit.ly/internscholar20>

*Application opens March 30th!*

**UCSB**

## Campus Learning Assistance Services



CLAS will be offering online services  
for **Spring 2020**.

Sign-ups for these services are set  
to begin on Monday, **March 30**  
(but are subject to change).

Please check back here for updates.

**THE HISPANIC STUDENT  
DENTAL ASSOCIATION  
AT UCSF AND UOP  
PRESENT...**

Postponed! See Facebook  
page for more info.

THE 2020 3RD ANNUAL

# **BUILDING BRIDGES CONFERENCE**

*A Conference Designed to Empower  
Underrepresented Pre-Dental Students*

---

**Saturday, April 4 @ 9-5pm with UCSF  
& Sunday, April 5 @ 8-12pm with UOP**

---

## **OUR MISSION IS TO HELP YOU:**

Learn about Dentistry

Experience Dental Workshops

Network with Students and Faculty

Engage with Inspirational Speakers

Break Down the Dental School Application Process

**Application Due: Sunday, March 8 @ 11:59pm**

**Application Link: [tiny.cc/buildingbridges2020](https://tiny.cc/buildingbridges2020)**

**Facebook page: <http://tiny.cc/BuildingBridges20>**





## Knight-Hennessy Scholars Stanford University




Virtual info session! See  
Facebook page for more info:  
<https://www.facebook.com/events/3190999817594938/>



**Knight-Hennessy Scholars** program develops a community of future global leaders to address complex challenges through collaboration and innovation. Every year, up to 100 promising graduate students from around the world will gain valuable leadership skills through the experiential King Global Leadership Program and receive funding to pursue graduate education at Stanford.



### University of California, Santa Barbara Information Session

-  **Date:** Thursday, April 9, 2020
-  **Time:** 3:30 pm – 4:30 pm
-  **Location:** Social Science & Media Studies Building, Room 2135

Seating is limited. Register at: <https://stanford.io/3891W0q>

Join us to learn more about the program from an admission officer who will cover the admission process, criteria, and answer questions.

See all upcoming events  
[kh.stanford.edu/events](https://kh.stanford.edu/events)

   @KnightHennessy



# CLAS Academic Skills Workshops for Pre-Health Students!

Do you find yourself struggling in courses or want to improve in skills vital for success in your studies and future profession?



CLAS offers 90-minute sessions featuring specific exercises designed to help students identify and improve their academic skills!

- Time Management\*
- Fighting Procrastination\*
- Make a Study Plan\*
- Confronting Confusion\*
- Lecture Strategies\*
- Reading Efficiency\*
- Essay Exam Strategies
- Multiple Choice Exams
- Writing Papers
- Citing Sources
- Reading Comprehension
- Focus
- Motivation
- Confidence
- Performance Exams (New!)

To find sessions offered this quarter, visit the link below or navigate to the "Academic Skills" page under the "Services" tab of the CLAS website!

<http://clas.sa.ucsb.edu/enrollment-schedules-overview/workshop-schedule>

**\*= workshops we highly recommend  
for Pre-Health Students!**



Tired of sifting through countless emails?



Stay up-to-date on pre-health events and info at and around UCSB by following us on Facebook and Instagram!



Facebook  
UCSB Pre-Health Advising  
Instagram  
[@ucsbprehealthadvising](https://www.instagram.com/ucsbprehealthadvising)



Questions? Email us at [prehealthinfo@ucsb.edu](mailto:prehealthinfo@ucsb.edu)

## Become an EMT!

[Learn More](#)

UCSB Professional and Continuing Education (PaCE) is now offering Emergency Medical Technician (EMT) Certification training on campus! Space is still available in the Spring/Summer section. Students pursuing a higher level of medical training such as RN, PA or MD can use this certification and experience as an enhancement for the competitive application process found in those professions. The course will include clinical observations in hospital and/or ambulance settings.

### **To enroll, visit:**

[https://enroll.professional.ucsb.edu/search/publicCourseSearchDe](https://enroll.professional.ucsb.edu/search/publicCourseSearchDetails.do?)  
[tails.do?](https://enroll.professional.ucsb.edu/search/publicCourseSearchDetails.do?)

[method=load&courseId=31276812&utm\\_medium=email&utm\\_ca](https://enroll.professional.ucsb.edu/search/publicCourseSearchDetails.do?method=load&courseId=31276812&utm_medium=email&utm_campaign=emt&utm_content=emt+CID_6fdb09e53ad3a36f0a0dd9eadc08e160&utm_source=cm&utm_term=Start%20Now)  
[mpaign=emt&utm\\_content=emt+CID\\_6fdb09e53ad3a36f0a0dd9ea](https://enroll.professional.ucsb.edu/search/publicCourseSearchDetails.do?method=load&courseId=31276812&utm_medium=email&utm_campaign=emt&utm_content=emt+CID_6fdb09e53ad3a36f0a0dd9eadc08e160&utm_source=cm&utm_term=Start%20Now)  
[dc08e160&utm\\_source=cm&utm\\_term=Start%20Now](https://enroll.professional.ucsb.edu/search/publicCourseSearchDetails.do?method=load&courseId=31276812&utm_medium=email&utm_campaign=emt&utm_content=emt+CID_6fdb09e53ad3a36f0a0dd9eadc08e160&utm_source=cm&utm_term=Start%20Now)



UC **SANTA BARBARA** | **EXTENSION**  
Professional and  
Continuing Education



## Jump-Start Your Healthcare Career

### Medical Humanities in the World

Coming this Spring PaCE will be offering [Medical Humanities in the World, INT X411](#) - one of two required courses for the Medical Humanities Certificate. Designed for future healthcare leaders, this certificate can increase empathy and resiliency to burnout in health fields.

For a limited time, UCSB Students can enroll in [Medical Humanities in the World](#) with a 50% discount.

[Follow the instructions on the course page.](#)

HFA Scholarships worth a 50% tuition discount are also available. In combination with the PaCE Discount above, HFA scholarship recipients will not pay ANY tuition for the Spring 2020 course!

[Contact us for more information](#)

[https://ucsbprofessionalandcontinuingeducation.createse  
nd1.com/t/r-l-jhcvhy-l-k/](https://ucsbprofessionalandcontinuingeducation.createse<br/>nd1.com/t/r-l-jhcvhy-l-k/)



# Update your Pre-Professional Emphasis in GOLD!

## 1. Login to GOLD.

UCSB Gaucho On-Line Data

**Current Students**

UCSB Net ID

Password

Login

For assistance with your UCSB

UCSB Gaucho On-Line Data

MESSAGES FEEDBACK HELP LOGOUT

MY SCHEDULE FIND COURSES REGISTRATION GRADES + PROGRESS + ABOUT ME +

**ABOUT ME**

My Personal Info  
My Addresses  
My Notifications

**ANNOUNCEMENTS**

Welcome

Last successful login: 12/5/2019 1:05 PM

You have 2 unread message(s).

**Online Courses at Other UC Campuses**

Undergraduate students interested in enrolling in online courses offered by other UC campuses for Winter 2020 should consult the UC Cross-Campus Enrollment website (<http://crossenroll.universityofcalifornia.edu>).

Please note that students enrolling in these courses must meet all eligibility criteria for Simultaneous Enrollment (<http://registrar.sa.ucsb.edu/intercampus.aspx>) with one exception: students do not necessarily need to be enrolled in 12 on campus units to be eligible to enroll in UCOE courses unless they are international students or student athletes. Students in the College of Letters and Science and the College of Engineering should meet with an adviser in their college prior to enrollment.

Continue

## 2. Navigate to "My Personal Info" under the ABOUT ME tab.

UCSB Gaucho On-Line Data

MESSAGES FEEDBACK HELP LOGOUT

MY SCHEDULE FIND COURSES REGISTRATION GRADES + PROGRESS + ABOUT ME +

**PERSONAL DATA**

Your current preferences are shown below. If you want to update them, make the change(s) you need and click 'Update'.

**Pre-Professional Emphasis:** MEDICINE

**Marital Status:**

**Dependents:**

Don't include yourself as a dependent.

**Religious Preference:**

You have the option of supplying this information. It will be released to the University Religious Center of Santa Barbara.

**GOLD/Printed Student Directory:**

May we include your address and phone number in the online GOLD Directory and the printed Associated Students Directory?

**E-Mail Directory:**

May we include your U-mail address in the online GOLD Directory and the printed Associated Students Directory?

**Preferred Name:**

To update your Preferred Name, please log into [Directory Services' Directory Editor](#), and update the Commonly Used First Name field.

**Pronoun:**

- How is this Information Used?
- Learn More About Pronouns

Cancel Update

## 4. Don't forget to update your preferences!

# Want to share your event with pre-health students at UCSB?

---

The Health Professions Advising Newsletter will be distributed on or before the 1st of each month during the regular academic year.

If an individual or organization has an event taking place or information that would be of interest to pre-health students at UCSB, then please send an email, preferably with a flyer (PNG or JPG file formats), to [prehealthinfo@ucsb.edu](mailto:prehealthinfo@ucsb.edu).

Information should be submitted **at least two weeks** prior to the start of the month in which the event is to take place or in which the information being shared is relevant.

Flyers and event information submitted **during the week prior** to the start of the upcoming month are not guaranteed to be included in the newsletter for the upcoming month.

Requests that do not have a flyer will be distributed using plain text.

Please direct questions to [prehealthinfo@ucsb.edu](mailto:prehealthinfo@ucsb.edu).

Thank You!