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Follow Us!
Stay up-to-date on pre-health related events and opportunities both on and off campus by following us on Facebook (UCSB Pre-Health Advising) and Instagram (@ucsbprehealthadvising)!

Don't forget to tag us!

Research Opportunities for Pre-Health Students
Are you interested in getting involved in undergraduate research here on campus? Well you're in luck! UCSB is a world-renowned research university with many labs all over campus and ample opportunities for undergraduate involvement. Due to UCSB's small graduate student population, professors, postdoctoral fellows, and graduate students are constantly looking for undergraduates to take on a role in their projects! This is one of the many great and unique features of UCSB, which is often not the case at other universities. So, take advantage!

Undergraduate research is a great opportunity to supplement your coursework with hands-on experience or expand your knowledge in another discipline you are interested in. Especially for a Pre-Health student, engaging in a research position will give you hands-on experience important to building confidence for a career in the Health Sciences. Knowledge of the research process and improvement of your problem-solving skills/ability to think outside the box will help you in just about every task you encounter in your professional pursuits. I even found myself understanding my upper division classes better after getting involved in research! Here, I am going to outline some basic methods for finding a research position that you can start with! (Continued on Page 2)

Appointment Update!
If you have an appointment with Allie Edelstein, please note that her office is in 2105 North Hall (in the Pre-Professional Advising Office). You may have received a confirmation email telling you to go to Cheadle Hall, but please disregard that message. All pre-health appointments from February onward will be held in 2105 North Hall.

Contact Info
Location: 2105 North Hall | Email: prehealthinfo@ltsc.ucsb.edu | Phone: (805) 893-2038
Research Opportunities for Pre-Health Students, Continued

- Visit the Faculty Research Assistance Program (FRAP) directory.
  - Here, you can locate specific departments on campus, read about the research professors are currently engaged in, and contact them based on your interests. I have found the FRAP directory to be the best place to start to get a sense of labs on campus.
  - https://urca.ucsb.edu/frap/directory
- Talk to professors, TAs, or graduate students during their office hours!
  - Email to set up a time as they are often busy.
- *Get in touch with graduate students!!
  - Professors often have a lot on their plate, so getting in touch with the graduate students in their labs can be a GREAT way to get involved.
  - They have a great sense of the help they need in labs and discussing research with them can be less intimidating than approaching a professor!
- Reach out to upperclassmen and see if they have any advice.
  - Finding an undergraduate student to bring into the lab takes time that professors often do not have. Talking to someone involved in a lab could lead to a position by recommendation!
- Visit the FRAP office in room 1576 of the Library (ground floor, Oceanside).
  - A great option if you know you want to participate and just need a place to begin.
  - If you are wondering how to contact a professor, they can help you craft an email!
- KEY POINT: Don't be afraid to reach out!
  - Send emails, talk to those involved, and express your interest in the field you desire.

The need for undergraduate researchers at UCSB is a huge plus for our undergraduate population. If you are interested in obtaining a research position, try starting with these methods and you could be working in a lab before you know it!

P.S. Professors and graduate students love students with flexible schedules!

P.P.S. If you are offered a position in a lab but are not quite sure the research topic is your favorite... Say yes! Test it out and you might find it is something you had more interest in than you initially thought. You can always tell the professor that the lab is not right for you if it comes to that. They will appreciate your honesty as they want an engaged student just as much as you want a position you are interested in.

Ryan Rossi is a 4th year, Pre-Med, Pharmacology major at UCSB.
Note: drop-in advising will take place on Tuesday & Wednesday afternoons from 1:00pm - 3:30pm and on specific Fridays (See dates in calendar) from 9:00am - 11:30am!

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<td>Deadline for undergraduates in L&amp;S and ENGR to drop courses without a W grade</td>
<td>Pass Times Available on GOLD</td>
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<td>HSA Personal Statement Workshop, 5:30pm - 7pm, 1115 North Hall.</td>
<td>Pre-health drop-ins 9am - 11:30am, 2105 North Hall</td>
<td>Final Exams 12/7 through 12/13</td>
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<td>President’s Day, No classes</td>
<td>First day to declare candidacy</td>
<td>Mu Delta guest speakers: Embarcadero Hall, 7pm - 9pm (See flyer)</td>
<td>AAMC Virtual Medical School Fair</td>
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<td>Continuing Undergraduate Students' Early Registration Deadline (Non-CCS students)$50 late registration fee after this date</td>
<td>Pass 2 Begins</td>
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Pre-Health Student Organizations Meeting Information

**Los Curanderos:** Wednesdays from 5pm - 6pm in the Santa Barbara Harbor Room (Lower level of UCen)

**PVMA:** Alt. Tuesdays (Feb. 11th & 25th) from 7pm in Girvetz 2129

**Envision:** Mondays, 6pm in Chumash Room (UCen)
UCSB Health Science Advising would like your feedback on the advising you receive and programs we offer. Share with us what you love and find beneficial about Health Science Advising, and also let us know what we can do better or what information you think would be beneficial for yourself and other pre-health students at UCSB!

Follow this link to complete the survey: https://forms.gle/DffDrnuXNzT4NoP57
UCSB Health Sciences
Advising:
Personal Statement Writing Workshop

Thursday, February 6th
5:30pm - 7:00pm
1115 North Hall

3rd and 4th year students planning to apply to health professions schools during the upcoming application cycle are strongly encouraged to attend!

Questions? Email us at prehealthinfo@ltsc.ucsb.edu
Check out these events!

Special Event
Thursday, February 6, 2020
3:30-4:30 PM
4164 Bio II

A student-focused discussion with
Dr. Mary-Claire King
Discoverer of the Brca-1 gene

Dr. King will also give a free public lecture at 7:30 PM in Campbell Hall
The Genetics of Inherited Breast and Ovarian Cancer: From Gene Discovery to Precision Medicine and Public Health

Renowned human geneticist Dr. Mary-Claire King discovered the genetic mutation responsible for breast cancer, a finding that has revolutionized the course of cancer research and transformed the way patients are diagnosed and treated. A recipient of the National Medal of Science for her bold, imaginative, and diverse contributions to medical science and human rights, Dr. King will discuss the genetics of inherited cancers, followed by a panel discussion with local physicians and researchers, including UCSB Professor Denise Mottrell.

Presented by UCSB Arts & Lectures and the Cancer Foundation of Santa Barbara in association with Breast Cancer Resource Center, Ridley-Tree Cancer Center at Sansum Clinic, Santa Barbara Neighborhood Clinics, and UCSB Department of Molecular, Cellular, and Developmental Biology. The Cancer Foundation of Santa Barbara is a proud supporter of the Ridley-Tree Cancer Center and its Genetic Counseling Program.
MU DELTA PRESENTS:
ONCE UPON A TIME IN MEDICINE...
HOW WILL THE PAST INFORM THE
FUTURE?

FEBRUARY 19TH, 2020
EMBARCADERO HALL
935 EMBARCADERO DEL NORTE
7:00PM TO 9:00PM

Brendan M. Reilly M.D.  Alan I. Leibowitz M.D.

Come learn about the ever so changing science and power of medicine from our two speakers who have gone through the rigorous trials first hand. Both studying medicine for 50 years, they have been able to experience these historic changes as practicing physicians and institutional leaders. Their stories may not answer all your questions but will make you wiser for having heard them.

Dr. Brendan M. Reilly is the author of the critically acclaimed memoir One Doctor: Close Calls, Cold Cases and the Mysteries of Medicine and prior Chair of Medicine/physician-in-chief at Chicago’s Cook County Hospital (which, during Reilly’s tenure there, was the inspiration and setting for the television series ER). Practicing internal medicine for over forty years, he has also served as a distinguished Professor of Medicine at various medical schools and held administrative leadership positions at many major medical centers. Currently Honorary Professor of Medicine at Dartmouth, Reilly is the author of medical textbooks and numerous research articles in high-impact medical journals and is now completing his first novel.

Dr. Alan I. Leibowitz is currently Professor Emeritus at the University of Arizona and is Board certified in internal medicine and gastroenterology/liver disease. He has been Associate Dean for graduate medical education at the University of Arizona College of Medicine-Phoenix and Banner-University Medical Center for the past 12 years, also serving as the Chair of Internal Medicine for the medical school and program director of internal medicine.

MUDELTAUCSB  WWW.MUDELTAUCSB.COM/
CLAS Academic Skills Workshops for Pre-Health Students!

Do you find yourself struggling in courses or want to improve in skills vital for success in your studies and future profession?

CLAS offers 90-minute sessions featuring specific exercises designed to help students identify and improve their academic skills!

- Time Management*
- Fighting Procrastination*
- Make a Study Plan*
- Confronting Confusion*
- Lecture Strategies*
- Reading Efficiency*
- Essay Exam Strategies
- Multiple Choice Exams
- Writing Papers
- Citing Sources
- Reading Comprehension
- Focus
- Motivation
- Confidence
- Performance Exams (New!)

To find sessions offered this quarter, visit the link below or navigate to the "Academic Skills" page under the "Services" tab of the CLAS website!

http://clas.sa.ucsb.edu/enrollment-schedules-overview/workshop-schedule

* = workshops we highly recommend for Pre-Health Students!
MEDICAL SCHOOL APPLICATION BOOT CAMP

Date, Time, and Location are TBD, so stay tuned!

UCSB Health Science Advising will present the annual review of the 2020-21 AMCAS application process for admission to medical school. The focus will be on the issues and questions that often arise as applicants are completing the primary application followed by a Q & A discussion. Familiarity with The Official Guide to Medical School Admissions is highly recommended.

Link to AAMC site for 2020-21 Medical School Admissions Guide TBD
Interested in Physical Therapy?

We recently received a wonderful donation of physical therapy-related textbooks that are available to be checked out by interested pre-physical therapy students at UCSB!

If you would like to check out one of the textbooks below, please come to the Pre-Professional Advising Office, 2105 North Hall during our Drop-In Advising times.
MCAT and DAT Workshops & Student Panels

Date, Time, and Location are TBD, so stay tuned!

This Spring, UCSB Health Science Advising will present our first MCAT and DAT Prep Workshops! The MCAT Workshop will take place, tentatively, on May 2nd, followed by the DAT Workshop, tentatively, on May 9th. Our advisors will present an overview of the admissions tests followed by a Q & A discussion led by UCSB students who have already taken and performed well on the tests. Familiarity with your professional school's prerequisite courses and standing as a 3rd year+ student is highly recommended.

Does your professional school require the GRE?

The CLAS offers GRE prep workshops! Learn more at: http://clas.sa.ucsb.edu/services/academic-skills
Tired of sifting through countless emails?

Stay up-to-date on pre-health events and info at and around UCSB by following us on Facebook and Instagram!

Facebook
UCSB Pre-Health Advising
Instagram
@ucsbprehealthadvising

Questions? Email us at prehealthinfo@ucsb.edu
UCSB Professional and Continuing Education (PaCE) is now offering Emergency Medical Technician (EMT) Certification training on campus! Space is still available in the Spring/Summer section. Students pursuing a higher level of medical training such as RN, PA or MD can use this certification and experience as an enhancement for the competitive application process found in those professions. The course will include clinical observations in hospital and/or ambulance settings.

To enroll, visit:
https://enroll.professional.ucsb.edu/search/publicCourseSearchDetails.do?
method=load&courseId=31276812&utm_medium=email&utm_campaign=emt&utm_content=emt+CID_6f6b5ad3a36f0a0dd9eda8e160&utm_source=cm&utm_term=Start%20Now
Jump-Start Your Healthcare Career

Medical Humanities in the World

Coming this Spring PaCE will be offering Medical Humanities in the World, INT X411 - one of two required courses for the Medical Humanities Certificate. Designed for future healthcare leaders, this certificate can increase empathy and resiliency to burnout in health fields.

For a limited time, UCSB Students can enroll in Medical Humanities in the World with a 50% discount. Follow the instructions on the course page.

HFA Scholarships worth a 50% tuition discount are also available. In combination with the PaCE Discount above, HFA scholarship recipients will not pay ANY tuition for the Spring 2020 course!

Contact us for more information

https://ucsbprofessionalandcontinuingeducation.creatense1.com/t/r-l-jhcwy-l-k/
COME AND JOIN UCSB'S

PRE-VETERINARY MEDICAL ASSOCIATION

**all animal lovers welcome! Do NOT have to be pre-vet to participate**

MEETINGS WILL TAKE PLACE: 7-8PM
1/14. PHELPS 2514
1/28. GIRVETZ 2129
2/11. GIRVETZ 2129
2/25. GIRVETZ 2129

explore the world of veterinary medicine, share your interests with other students, guest speakers, how to get into vet school, community outreach, and so much more!!

@ucsbpvma
Update your Pre-Professional Emphasis in GOLD!

1. Login to GOLD.

2. Navigate to “My Personal Info” under the ABOUT ME tab.

3. Select the Pre-Professional Emphasis you are pursuing!

4. Don’t forget to update your preferences!
Description

The Pre-Physical Therapy Club at USC invites you to the Fifth Annual Southern California Pre-Physical Therapy Conference. The Conference is open to all undergraduate or recently graduated students interested in pursuing a career in physical therapy. Attendees are provided with the opportunity to learn about different physical therapy specialties, network with faculty from a variety of physical therapy schools, and interact with other pre-physical therapy students.

What the Conference Includes:

- A Keynote Speech from a top physical therapist in the field
- Specialties Panel with PTs who are experts in a variety of fields
- Current DPT Student Panel with students from a variety of DPT programs
- Interprofessional Health Panel with health professionals who work closely with PTs
- Networking Fair with DPT Programs and PT-Related Clinical Research Labs
- "Lunch will be provided"
- "The Conference is FREE to current USC undergraduate students. However, you must pay the deposit fee and will only get your money back if you attend."
- Attire is Business Casual

Date And Time

Sun, March 1, 2020
10:00 AM - 3:00 PM PST
Add to Calendar

Location

Ronald Tutor Campus Center
3607 Trousdale Parkway
Los Angeles, CA 90089
View Map

Refund Policy

No Refunds

Attention Pre-Dental Students!

Are you looking for part time work?

Dr. Robert Caraco is a private dentist in Goleta looking to hire a pre-dental student for two afternoons per week, with the possibility of more work throughout the summer months. Dr. Caraco is looking for students who are enthusiastic learners with strong attention to detail.

If you are interested, please email your resume and cover letter to:
rcaraco@verizon.net
THE 4TH ANNUAL PUBLIC HEALTH SUMMIT

HOSTED BY
THE UNIVERSITY OF CALIFORNIA IRVINE
PRESENTED BY PUBLIC HEALTH ASSOCIATION
DIVISION OF CONTINUING EDUCATION | YOSEMITE BALLROOM

SPECIAL GUEST SPEAKERS

SANDRA BOODMAN
YAMA AKBARI

FEB 22 2020
9 AM - 3PM

LUNCH IS PROVIDED
USE THE CODE "CLASSROOM" FOR 20% OFF

ADDITIONAL GUEST SPEAKERS:
TED GIDEONSE, ROSARIO GALEAS & HILDA ORTIZ, FRANK ZALDIVAR, MELISSA BADER-HUESGEN,
MICHAEL LARA, HEIKE THIEL DE BOCANEGRA, TOMAS ZURITA, SHU FARMER & PETER CHEN,
JAIME ALLGOOD
Want to share your event with pre-health students at UCSB?

The Health Science Advising Newsletter will be distributed on or before the 1st of each month during the regular academic year.

If an individual or organization has an event taking place or information that would be of interest to pre-health students at UCSB, then please send an email, preferably with a flyer (PNG or JPG file formats), to prehealthinfo@ucsb.edu.

Information should be submitted at least two weeks prior to the start of the month in which the event is to take place or in which the information being shared is relevant.

Flyers and event information submitted during the week prior to the start of the upcoming month are not guaranteed to be included in the newsletter for the upcoming month.

Requests that do not have a flyer will be distributed using plain text.

Please direct questions to prehealthinfo@ucsb.edu.

Thank You!