

## Frequently Asked Questions: General Pre-Health Advising

### Q. What is Pre-Health Advising?

A. Pre-health advising is academic advising that focuses on the unique needs of students who are interested in applying to health professions graduate programs after they complete an undergraduate degree at UCSB.

### Q. Where do I go for pre-health advising located?

A. Most pre-health advising and drop-in advising appointments take place in the Pre -Professional Advising Office, located in 2105 North Hall.

Pre-Health Drop-In Advising: Pre-Health drop-in advising takes place on Tuesday and Wednesday from 1:00pm - 3:30pm in 2105 North Hall.

Scheduled Appointments: Pre-health Appointments scheduled with Rob Larocco, Allie Edelstein, and the pre-health peer advisors will take place in 2105 North Hall.

*Due to the ongoing COVID-19 crisis, all advising is currently taking place remotely via phone or Zoom.*

### Q. What services do pre-health advisors provide?

A. Pre-health advisors help pre-health students understand the academic and extracurricular requirements that they must meet in order to prepare for create a competitive application to professional school. This includes helping pre-health students understand the prerequisite course requirements (and UCSB degree requirements), connect them to resources for obtaining shadowing, clinical, research, volunteer, and other experiences, helping them self-assess their competitiveness as applicants, and connecting them to resources to prepare for entrance exams and the application process.

### Q. Is there a difference between general advising and pre-health advising?

A. Yes; the primary focus of the pre-health advisors is ensuring pre-health students are meeting the unique requirements that health professions graduate programs expect of applicants. The pre-health peer advisors can help students with scheduling questions and general questions about pre-health requirements.

### Q. How can I schedule an appointment?

A1. Pre-Health Drop-In Advising: Students do not need to schedule an appointment to see a pre-health advisor during drop-in hours. Drop-in appointments are meant to be brief (10-15 minutes) and address student issues/concerns regarding academic probation, add and/or drop a course, withdrawing form a course, repeating a course, changing/adding/dropping major or minor, transferring colleges (L&S→ Engineering) or to a new institution, studying abroad.

A2. Pre-Health Scheduled Appointments: Scheduled appointments run 30 minutes and are meant to address issues/concerns that require more in-depth discussion, which cannot be sufficiently addressed during a drop-in. Students should schedule an appointment with a pre-health staff or peer advisor (Typically, peer advisors meet with 1<sup>st</sup> and 2<sup>nd</sup> year students.) to discuss topics including, but not limited to, choosing a major or exploring a pre-health career, considering a double-major, senior checks, degree/progress check, discuss taking time off, long-range planning of extracurricular experiences, discussing competitiveness as an applicant, questions regarding the application process, questions regarding entrance exams.

### Q. Are there drop-in hours?

A. Pre-Health drop-in advising takes place on Tuesday and Wednesday from 1:00pm - 3:30pm in 2105 North Hall. *\*Remotely via phone due to COVID-19.*

**Q. How can I get pre-health advising if I have already graduated?**

A. Send an email to [prehealthinfo@ltsc.ucsb.edu](mailto:prehealthinfo@ltsc.ucsb.edu) to schedule a phone or in-person meeting.

**Q. How should I prepare for my advising appointment?**

A. Prior to attending your advising appointment, we expect all pre-health students to have gone to the Health Professions Advising website, joined the Pre-Health Listserv, and reviewed, at minimum, the information relevant to their pre-health track or the pre-health track(s) that they are interested in pursuing while at UCSB. Additionally, we expect students to utilize the Degree Audit tool in Gold to keep track of their progress in meeting GE and major requirements. Lastly, students should come prepared with specific questions for the pre-health advisor and take notes, as needed, during their appointment.