



Health Science Advising

Newsletter

April 2019

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Join Remind

Remind is a text-messaging service that allows our office to send quick notifications directly to your phone. There are two ways to join:

1. Go to rmd.at/ucsbp to download the app
- or
2. Just text @ucsbp to 81010

Changes to Pre-Health Advising

Hello and welcome back! We hope you had a successful Winter Quarter, were able to relax a bit over the break, and have returned to campus re-energized for the Spring Quarter.

Pre-health advising at UCSB has undergone a few big changes since the start of 2019. Not only are you reading the first edition of our monthly Health Sciences Advising Newsletter, we have also added two new staff advisors (See below) and have a new location in our Pre-Professional Advising Office located in 2105 North Hall.

These changes--and those to come in the future--are all part of our commitment to providing pre-health students at UCSB with the best quality advising services possible.

We invite you to share your feedback with us and stop by the Pre-Professional Advising Office to say hello!

Meet the Health Science Advising Professional Staff



Rob Larocco



Allie Edelstein



Dr. Stephen Blain

Our health science advisors specialize in assisting students interested in pursuing various careers in the health professions by providing career counseling, application preparation, academic planning, and course scheduling advice. Please see our website for more info, including scheduling how to schedule appointments and days and times for drop-in advising! Our colleague, Scott Kassner, is now an advising director for the college, but will continue to work with us.

www.duels.ucsb.edu/professional/health

Contact Info

Location: 2105 North Hall | Email: prehealthinfo@ltsc.ucsb.edu | Phone: (805) 893-2038

Health Science Advising Events & Activities Calendar

April 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Sat.	Sun.
	Pre-Health Drop-Ins 1:00pm—3:30pm, 2105 North Hall	Pre-Health Drop-Ins 1:00pm—3:30pm, 2105 North Hall		Pre-Health Drop-Ins, 1:00pm—3:30pm, TSC		
Rho Psi Eta, 8:00pm, South Hall	AMSA 6:00pm, 1430 South Hall	PDO 7:00pm, 1349 Arts Mu Delta, 8:00pm, 1006 North Hall				
1	2	3	4	5	6	7
Spring Quarter Starts				Deadline to add courses w/out code		
8	9	10	11	12	13	14
	PA Virtual Fair (See Flyer)			Deadline to add courses or change grading options for free	UCSB Open House 9am—3pm	
15	16	17	18	19	20	21
Deadline to declare candidacy to graduate		Spring Career & Internship Fair, 10am—2pm in the Thunderdome		Deadline to add courses		
22	23	24	25	26	27	28
				Deadline to drop courses Engage: Psych. & Brain Sci. Alumni Career Panel		
29	30	May 1	May 2	May 3	May 4	May 5
					AMCAS Boot camp 9am-Noon	



MEDICAL SCHOOL APPLICATION BOOT CAMP

Saturday, May 4, 2019

9AM-12PM

1006 North Hall

Dr. Blain will present the annual review of the 2019-20 AMCAS application process for admission to medical school. The focus will be on the issues and questions that often arise as applicants are completing the primary application followed by a Q & A discussion. Familiarity with The Official Guide to Medical School Admissions is highly recommended.

Link to AAMC site for 2019-20 Medical School Admissions Guide
<https://students-residents.aamc.org/applying-medical-school/applying-medical-school-process/applying-medical-school-amcas/>

April Events & Info Details



PA Virtual Fair | April 9, 2019

Register for the PA Virtual Fair to learn more about accredited Physician Assistant Programs

Get answers to your most pressing questions. Zero travel required to participate.

Conveniently find out which school is right for you

- Explore PA Programs nationwide
- Save time and meet admissions reps, faculty, and current students in live online chat sessions
- Connect with multiple schools at once

Event Sponsors:
Yale SCHOOL OF MEDICINE
Physician Assistant Online Program
MARIST
Barry University
Physician Assistant Program

Register at CareerEco.com/events/PA
Attend the fair from anywhere

For more information:
770.980.0088 • PA@CareerEco.com



Learn about PA programs!

Network!



Engage: Psychological & Brain Sciences Alumni Career Panels

Friday, April 26, 1:00 – 2:00 p.m.

Psychology Building, UC Santa Barbara

Free. [RSVP here](#) . Visit: <https://www.alumni.ucsb.edu/events/all-gauchos-reunion/schedule-of-events>

Psychology and Biopsychology Alumni are eager to Engage, Network, Grow, Advance, Guide, and Empower (ENGAGE) students at three career-focused panels showcasing Alumni in different career paths.

Gain Experience!

Interested in an internship?

The Department of Health & Wellness is looking for 4 interns for the Nutrition Education Team.

For more information and to apply, go to:
https://ucsb.co1.qualtrics.com/jfe/form/SV_86xvFtDAIcTpINH



Tired of sifting through countless emails?

Stay up-to-date on pre-health events and info at and around UCSB by signing up for our **FREE** text-messaging service!

It's easy, just text

@ucsbp

to

81010

Questions? Email us at prehealthinfo@ucsb.edu

April Events & Info Details

UCSB Health Professions Association is currently looking for 1st and 2nd year students interested in participating in our Mentorship Program!

About the Mentorship Program:

HPA Mentorship Program pairs 1st & 2nd year underclassmen with experienced 3rd & 4th year upperclassmen mentors; each HPA Mentorship group meets 4 times per quarter (4-5 hours total), with flexible meeting dates. Our mentors' goal is to help their underclassmen successfully navigate the pre-health track at UCSB. Mentors offer their insight and perspective, while following HPA's standardized mentorship curriculum, about tackling difficult science courses at UCSB, choosing a major, picking a class schedule that is compatible with personal goals, getting involved with research, securing clinical internships, volunteering, and much more.

Please fill out our short application which can be found on our website (www.ucsbhpa.com) and email it to hpamentorship@gmail.com.

We look forward to meeting you!

April Events & Info Details Continued

Career Services Internship Scholarship Program

I am thrilled to share that UCSB Career Services Internship Scholarship Program will be opening on Monday, April 1st, 2019!

Career Services Internship Scholarship Program offers awards in recognition of students who have excelled in landing internships, research, and related pre-professional experience that demonstrates career motivation and professional ambition. We are excited to offer a total of **ten \$1500 scholarships** this summer for students.

All ten of the scholarships offered are aimed at making professional field preparation more attainable for undergraduates by helping to offset any financial hardships that may arise by taking part in an unpaid summer opportunity. The application opens on **April 1st** and will remain open until **April 23rd at noon**.

2019 Scholarship Awards:

1) Career Catalyst Award: Four \$1,500 scholarship awards designated for students taking advantage of internship experiences that support career interests and future professional growth.

Student Qualifications:

Applicants must:

- Be currently enrolled undergraduate at the time of application
- Have secured an unpaid summer internship with a nonprofit organization or public service agency (*Please note: While it is strongly encouraged that students have already secured an internship by the time of application, if they are in the process of applying for internships you are still encouraged to apply*)
- Demonstrate financial need related to scholarship support
- Explain motivation for securing the internship and how it will benefit career interests and future professional opportunities

2) Dream Scholar Award: Funded by Undocumented Student Services, four \$1,500 scholarship awards designated for students who have filed for the CA Dream Act Application and who are taking advantage of internship experiences that support career interests and future professional growth.

Student Qualifications:

Applicants must:

- Be currently enrolled undergraduate at the time of application
- Have secured an unpaid summer internship with a nonprofit organization or public service agency (*Please note: While it is strongly encouraged that students have already secured an internship by the time of application, if they are in the process of applying for internships you are still encouraged to apply*)
- Demonstrate financial need related to scholarship support
- Explain motivation for securing internship and how it will benefit career interests and future professional opportunities
- Have a CA Dream Act Application on file

3) Debbie Fleming Internship Award: In honor of former Assistant Vice Chancellor of Student Affairs Debbie Fleming, two \$1,500 scholarship awards are designated for students taking advantage of internship experiences in the fields of either public health or student affairs.

Student Qualifications:

Applicants must:

- Be currently enrolled undergraduate at the time of application
- Have secured an unpaid summer internship with a nonprofit organization or public service agency that is in the field of public health, social services or student affairs. (*Please note: While it is strongly encouraged that students have already secured an internship by the time of application, if they are in the process of applying for internships you are still encouraged to apply*)
- Demonstrate financial need related to scholarship support
- Explain motivation for securing internship and how it will benefit career interests and future professional opportunities

Career Services Internship Scholarship Program is designed to:

- Promote career exploration and skill development through experiential learning internships that complement undergraduate academic experience and support career preparation for the job market.
- Provide scholarships of \$1,500 to recipients to make professional field preparation more accessible to undergraduates and to help offset potential expenses or financial hardships associated with unpaid summer internships.
- Create an opportunity for campus departments to collaboratively support career development and internship participation while strengthening commitment to student success, access and equity.

For more information about the Internship Scholarship Program, please go to: <http://career.sa.ucsb.edu/internships/scholarship>.

April Events & Info Details Continued



Global Health
Institute

CALL FOR STUDENT AMBASSADORS IN PLANETARY HEALTH

Are you a UC student interested in changing the world, saving the environment, and helping vulnerable populations? Do you want to work at the nexus of science and stakeholders? Then start by making your mark in Planetary Health – join a unique team as part of the Planetary Health Student Ambassador Program!

The University of California Global Health Institute's Planetary Health Center of Expertise is launching a Student Ambassador Program and looking for applicants for the 2018-19 year!



Planetary Health (PH) recognizes the critical interplay between human systems and our natural resources. The [Planetary Health Center of Expertise](#) works to raise awareness of the looming crisis of rapidly growing populations juxtaposed against limited natural resources and the unpredictable effects of climate change. The Center works with partners around the world to define science, policy and educational investments that advance a vision of long-term sustainability, and foster population resilience to environmental change.

The Planetary Health Student Ambassadors Program is open to all students (i.e. undergraduate, graduate, and professional schools) who are dedicated to becoming leaders in PH and sustainable development. Ambassadors will develop, organize and promote PH activities on their campuses and across all UC campuses to expand knowledge of PH issues, mobilize student, faculty and staff involvement in PH initiatives, and catalyze critical change. This is an opportunity to become a leader that can balance the needs of populations and the planet.

Successful ambassadors will receive an annual fellowship award of \$250.

PROGRAM OBJECTIVES

- Introduce ambassadors to core concepts in PH and how these apply to real world problems.
- Provide experience and understanding in multi-sectoral solutions for sustainable development.
- Develop ambassadors' leadership, research, and advocacy skills.
- Enable ambassadors' engagement with key faculty, researchers, and leaders in PH to further ambassadors' understanding of PH and strengthen their professional networks.



PROGRAM ELIGIBILITY REQUIREMENTS

1. Full-time student (graduate or undergraduate), enrolled at a UC campus for the full 2018-2019 academic year.
2. Minimum 3.0 GPA.
3. A strong desire to learn about Planetary Health and have a solution-oriented positive attitude.
4. Ability to work with and communicate to diverse individuals (students/faculty/staff) within campus, and across UC campuses, and PHCOE Leadership and staff.
5. Confident, self-motivated, well-organized, and able to work independently and in teams.
6. Excellent written, verbal communication, and critical thinking skills encouraged.
7. Social media skills (e.g. Facebook, Google, YouTube, Twitter).
8. Commitment to meet monthly with PHCOE Staff/Directors (in-person or online).
9. Enthusiasm for developing Planetary Health focused activities and dialogue on your home campus, and synergies with ambassadors at other UC campuses.

Application deadline: Monday July 16th at 5 p.m. PST.

For questions and to your application please email: planetaryhealth@ucdavis.edu
Planetary Health Center: www.ucghi.universityofcalifornia.edu/centers-of-expertise/planetary-health

Want to share your event with pre-health students at UCSB?

The Health Science Advising Newsletter will be distributed on or before the 1st of each month during the regular academic year.

If an individual or organization has an event taking place or information that would be of interest to pre-health students at UCSB, then please send an email, preferably with a flyer (PNG or JPG file formats), to prehealthinfo@ucsb.edu. Information should be submitted **at least two weeks** prior to the start of the month in which the event is to take place or in which the information being shared is relevant.

Flyers and event information submitted **during the week prior** to the start of the upcoming month are not guaranteed to be included in the newsletter for the upcoming month. Requests that do not have a flyer will be distributed using plain text.

Please direct questions to prehealthinfo@ucsb.edu.

Thank You!

April Events & Info Details Continued

UC Global Health Institute Planetary Health Summer Work Experience Program

This program offers students a unique hands-on opportunity to work on projects related to natural resources, agriculture, climate change, and environmental and health policy.

For more information, please visit this link:

<http://ucghi.universityofcalifornia.edu/planetary-health-summer-work-experience-program>