UC Santa Barbara

Health Science Advising Newsletter

May 2019

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Join Remind

Remind is a text-messaging service that allows our office to send quick notifications directly to your phone. There are two ways to join: 1. Go to rmd.at/ucsbp to download the app or 2. Just text @ucsbp to 81010

UCSB Health Science Advising: FAQ

As we mentioned last month, Health Science Advising at UCSB has undergone a few changes, so we'd like to take some time to share what's new and also answer a few questions that often come up.

1. Where are we? Most drop-in and scheduled appointments with a pre-health advisor will take place in the L&S Pre-Professional Advising Office in 2105 North Hall. The only exceptions are scheduled appointments with Allie Edelstein (1117 Cheadle Hall) and Friday pre-health drop-ins in the TSC.

2. How do I make an appointment? Appointments can be scheduled using the L&S Appointment System (https://appts.apps.duels.ucsb.edu) up to 3 weeks in advance.

3. Who should meet with a pre-health advisor? Any UCSB (L&S, Engineering, and CCS) students interested in pursuing a career in the health professions, first-year through alumni.

4. Is there a website with info? Yes! (https://duels.ucsb.edu/professional/health)

5. How do you communicate with students? We use the pre-health listserv and Remind text messaging to provide students with pre-health related info, including our monthly newsletter and weekly bulletin.

If you have questions, please email us at prehealthinfo@ltsc.ucsb.edu.

Hey, Hey, It's May!

The month of May is especially important for pre-health students planning to apply to professional schools during the 2020 Application Cycle as many applications open early this month. If you are considering applying to a health professions program, we encourage you to schedule an appointment to meet with either Dr. Blain or Rob Larocco to discuss your readiness and your competitiveness as an applicant.

Contact Info

Location: 2105 North Hall | Email: prehealthinfo@ltsc.ucsb.edu | Phone: (805) 893-2038

Health Science Advising Events & Activities Calendar May 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Sat.	Sun.
	Pre-Health Drop-Ins 1:00pm—3:30pm, 2105 North Hall	Pre-Health Drop-Ins 1:00pm—3:30pm, 2105 North Hall		Pre-Health Drop-Ins 1:00pm—3:30pm, TSC		
Rho Psi Eta , 8:00pm, South Hall	AMSA 6:00pm, 1430 South Hall	PDO 7:00pm, 1353 Arts Mu Delta 8:00pm, 1006 North Hall				
April 29	April 30 Pre-Health Drop-Ins Cheadle Hall	1 No Pre-Health Drop-Ins AMCAS App opens TMDSAS opens VMCAS Opens in May	2 AACOMAS App opens	3	4 AMCAS Boot camp 9am-Noon 1006 North Hall	5
6	7	8 Rob Larocco, Pre- Health Advisor, Speaking at AMSA Meeting 7pm	9	10	11	12
13	14 AADSAS App opens	15	16	17 Deadline to change grading option Last day to late drop a course for academic reasons	18	19
20	21	22 ADEA Virtual Fair, 2-6pm EST virtualfairs@adea.org	ADEA Virtual Fair, 2-6pm EST		25	26
27 Memorial Day	28	29	30	31	June 1	June 2



MEDICAL SCHOOL APPLICATION BOOT CAMP

Saturday, May 4, 2019 9AM-12PM 1006 North Hall

Dr. Blain will present the annual review of the 2019-20 AMCAS application process for admission to medical school. The focus will be on the issues and questions that often arise as applicants are completing the primary application followed by a Q & A discussion. Familiarity with The Official Guide to Medical School Admissions is highly recommended.

Link to AAMC site for 2019-20 Medical School Admissions Guide https://students-residents.aamc.org/applying-medical-school/applyingmedical-school-process/applying-medical-school-amcas/

May Events & Info Details

UCSB Street Health Outreach's HOUSELESS AWARENESS NIGHT

- Psychiatrist Perspective: Mental Health Support in Underserved Populations
- Q&A Panel with representatives from Doctors without Walls
- Free Food

Raffle

Friday May 3rd 6-8 pm Loma Pelona Center

Gain Experience! Visit the event page for more info!

https://tinyurl.com/ HAN2019

2019 ADEA GODENTAL VIRTUAL FAIRS

Wednesday, May 22 & Thursday, May 23, 2019 2:00 – 6:00 p.m. Eastern Time

Thinking about applying to dental school? Want to learn more about dentistry?

The 2019 ADEA GoDental Virtual Fairs are two days of **FREE**, **LIVE**, **ONLINE** events where prospective applicants can visit multiple virtual dental school booths—without travel or registration fees.

On Wednesday, May 22 from 2:00 - 6:00 p.m. Eastern Time, login for ADEA AADSAS[®] Prep Day Live which includes:

Q&A with ADEA AADSAS customer service;

• ADEA AADSAS materials, videos with advice from dental school experts and information on all dental schools.

On Thursday, May 23 from 2:00 - 6:00 p.m. Eastern Time, login for Dental School Chat Day Live which includes:

- Live chats with admissions representatives from U.S. and Canadian dental schools;
- Presentations about financing a dental education, the dental school interview, and much more;
- Opportunities to network with other prospective applicants.

Not able to participate in the entire event? No problem! Log in as many times as you desire on both days during the event hours.

Trouble registering? Email us at virtualfairs@adea.org.



Tired of sifting through countless emails?

Stay up-to-date on pre-health events and info at and around UCSB by signing up for our **FREE** text-messaging service! lt's easy, just text @ucsbp to 81010

Questions? Email us at prehealthinfo@ucsb.edu

May Events & Info Details

CRUSHING

Standardized Exams

Learn how Westmont graduate Tyler Paras overcame learning disabilities and developed a process that helped him **score in the 99th percentile** of the MCAT. Tyler's concrete, structured plan can help you get the scores you need on any standardized exam to pursue the career of your dreams.



Tyler Paras ('16)

How to **OUTSCORE** people who are smarter than you

A one-hour workshop Tyler Paras '16 A Code For Facing Fear Thurs, April 25 5:30 to 6:30 pm Winter 106 (Pizza and Beverages Included) Info and Reserve Your Seat on Handshake

> Co Sponsored by: Westmont Biology Department Career Development & Calling

UC Global Health Institute Planetary Health Summer Work Experience Program

This program offers students a unique hands-on opportunity to work on projects related to natural resources, agriculture, climate change, and environmental and health policy.

For more information, please visit this link: http://ucghi.universityofcalifornia.edu/planetary-health-summer-work-experienceprogram

Dermatology Technician

Friday's from 8 to noon.

JOB DESCRIPTION Job Title: Dermatology Technician Department: Various Date Prepared: 07/2016 FLSA Status: Nonexempt GENERAL STATEMENT OF DUTIES: The Dermatology Technician is responsible for assisting physicians with patient care according to the Medical Board of California relating to Medical Assistants. Provides information to patients so they may fully utilize and benefit from Sansum Clinic services. This is a full time position Monday through Thursday 8am to 5pm with a half day on

SUPERVISION RECEIVED: Nurse Manager or Patient Care Manager

PHYSICAL REQUIREMENTS: Ability to lift up to 50 pounds, which may require pushing, pulling and essentially utilizing a full range of body movement. Ability to stand, walk, stoop, kneel, crouch and/or crawl. Ability to reach, grasp, use fine finger movement and feel fine sensation to discern temperature, texture, size and shape. Good visual acuity, hand eye coordination, accurate color vision. Ability to speak and hear. Requires regular use of personal protective equipment.

ENVIRONMENTAL CONDITIONS: Patient care environment with potential exposure to unpleasant odors, communicable diseases, medicinal preparations, potential exposure to toxic and hazardous drugs, electrical hazards and other conditions common to a clinic environment. Climate controlled, indoor environment. Occasional exposure to outdoor climate. Work may be stressful at times.

MACHINES/EQUIPMENT USED: Clinical and office equipment.

ESSENTIAL FUNCTIONS AND RESPONSIBILITIES: (This list may not include all of the responsibilities assigned.)

1. Assisting in the surgical setting (patient prep, prepare the trays/packs, maintain sterile fields, ensure appropriate par-levels for supplies, other tasks as assigned by the surgeon)

2. Provide scribe support (works directly with provider in exam room with patient to real-time document the encounter, responsible for appropriate and accurate billing of encounter, other administrative tasks as assigned by provider or manager) Assists with office procedures and provides direct patient care.

3. Obtain and document patient history and vital signs (i.e., height, weight, BP).

4. Performs a wide range of clerical duties that may include: obtaining test results, tracking labs, documenting information as needed, helping to schedule follow-up appointments, procedures and tests.

5. Clean exam room tables, chairs, surfaces, blood pressure cuffs, patient care equipment and other equipment as needed. Keep exam rooms stocked with supplies.

6. May help order and stock educational material and medical supplies.

7. Organize and maintain nurse's stations and medication rooms as needed.

8. Occasionally cover for other non-licensed staff as deemed necessary.

9. Complete special projects as assigned.

Dermatology Assistant position cont.

10. Attend staff meetings as required.

11. Participate in department quality improvement activities, clinical safety, infection control and hazardous materials programs and activities.

- 12. Maintains strict confidentiality in compliance with HIPAA.
- 13. Exercises discretion and maintains high level of confidentiality.
- 14. Adheres to all policies and procedures.
- 15. Regular attendance is an essential job function.
- 16. Performs related work as required.

KNOWLEDGE, ABILITIES, AND SKILLS: Knowledge of clinical policies and procedures. Knowledge of clinical practices and medical terminology. Knowledge of common safety hazards and precautions to establish a safe work environment. Ability to communicate well with patients, families, co-workers, physicians, other members of the healthcare team, etc. Ability to adapt to varied, age-specific and/or specialized groups. Ability to understand use, function, interpret, document, and keep records. Ability to interpret, adapt and apply guidelines and procedures. Ability to react calmly and effectively in emergency situations. Ability to read, write and communicate effectively in English. Ability to organize and prioritize work. Ability to follow oral and written instructions. Ability to reason and make sound judgments. Skill in identifying problems and recommending solutions. Skill in establishing and maintaining effective working relationships with co-workers, management, patients, medical staff, and the public. Skill in accepting constructive criticism and giving suggestions in a professional manner.

EDUCATION, EXPERIENCE AND LICENSURE:

• High School diploma or equivalent.

• Certification with one of the following agencies required; American Association of Medical Assistants (AMA), American Medical Technologists (AMT), California Certifying Board of Medical Assistants (CMAA), Note: Those who have graduated from an EMT program may also be considered, although the MA program is preferable.

• Basic Life Support (BLS) certification required or dually certified in both AHA Advanced Cardiac Life Support and AHA Pediatric Advanced Life Support.

Veterinary Clinic Job

We currently have an opening for a part time reception/veterinary assistant at Artemis Animal Clinic. Please apply in person at Artemis Animal Clinic.

Animal handling and reception skills/customer service experience are a plus. One year commitment and fixed schedule are required.

Please apply in person to Artemis Animal Clinic 3433 State Street Suite D Santa Barbara

Thank you!

Career Services Internship Scholarship Program

I am thrilled to share that UCSB Career Services Internship Scholarship Program will be opening on Monday, April 1st, 2019!

Career Services Internship Scholarship Program offers awards in recognition of students who have excelled in landing internships, research, and related pre-professional experience that demonstrates career motivation and professional ambition. We are excited to offer a total of <u>ten \$1500</u> <u>scholarships</u> this summer for students.

All ten of the scholarships offered are aimed at making professional field preparation more attainable for undergraduates by helping to offset any financial hardships that may arise by taking part in an unpaid summer opportunity. The application opens on <u>April 1st</u> and will remain open until <u>April 23rd at noon</u>.

2019 Scholarship Awards:

1) Career Catalyst Award: Four \$1,500 scholarship awards designated for students taking advantage of internship experiences that support career interests and future professional growth.

Student Qualifications:

Applicants must:

- Be currently enrolled undergraduate at the time of application
- Have secured an unpaid summer internship with a nonprofit organization or public service agency (Please note: While it is strongly encouraged that students have already secured an internship by the time of application, if they are in the process of applying for internships you are still encouraged to apply)
- Demonstrate financial need related to scholarship support
- Explain motivation for securing the internship and how it will benefit career interests and future professional opportunities
 2) Dream Scholar Award: Funded by Undocumented Student Services, four \$1,500 scholarship awards designated for students who have filed for the CA Dream Act Application and who are taking advantage of internship experiences that support career interests and future professional growth.

Student Qualifications:

Applicants must:

- Be currently enrolled undergraduate at the time of application
- Have secured an unpaid summer internship with a nonprofit organization or public service agency (*Please note: While it is strongly encouraged that students have already secured an internship by the time of application, if they are in the process of applying for internships you are still encouraged to apply)*
- Demonstrate financial need related to scholarship support
- Explain motivation for securing internship and how it will benefit career interests and future professional opportunities
- Have a CA Dream Act Application on file

3) Debbie Fleming Internship Award: In honor of former Assistant Vice Chancellor of Student Affairs Debbie Fleming, two \$1,500 scholarship awards are designated for students taking advantage of internship experiences in the fields of either public health or student affairs.

Student Qualifications:

Applicants must:

- Be currently enrolled undergraduate at the time of application
- Have secured an unpaid summer internship with a nonprofit organization or public service agency that is in the field of public health, social
 services or student affairs. (Please note: While it is strongly encouraged that students have already secured an internship by the time of
 application, if they are in the process of applying for internships you are still encouraged to apply)
- Demonstrate financial need related to scholarship support
- Explain motivation for securing internship and how it will benefit career interests and future professional opportunities

Career Services Internship Scholarship Program is designed to:

- Promote career exploration and skill development through experiential learning internships that complement undergraduate academic
 experience and support career preparation for the job market.
- Provide scholarships of \$1,500 to recipients to make professional field preparation more accessible to undergraduates and to help offset
 potential expenses or financial hardships associated with unpaid summer internships.
- Create an opportunity for campus departments to collaboratively support career development and internship participation while strengthening commitment to student success, access and equity.

For more information about the Internship Scholarship Program, please go to: http://career.sa.ucsb.edu/internships/scholarship.

UNIVERSITY OF CALIFORNIA

Global Health Institute

CALL FOR STUDENT AMBASSADORS IN PLANETARY HEALTH

Are you a UC student interested in changing the world, saving the environment, and helping vulnerable populations? Do you want to work at the nexus of science and stakeholders? Then start by making your mark in Planetary Health – join a unique team as part of the Planetary Health Student Ambassador Program!

The University of California Global Health Institute's Planetary Health Center of Expertise is launching a Student Ambassador Program and looking for applicants for the 2018-19 year!



Planetary Health (PH) recognizes the critical interplay between human systems and our natural resources. The <u>Planetary Health Center of Expertise</u> works to raise awareness of the looming crisis of rapidly growing populations juxtaposed against limited natural resources and the unpredictable effects of climate change. The Center works with partners around the world to define science, policy and educational investments that advance a vision of long-term sustainability, and foster population resilience to environmental change.

The Planetary Health Student Ambassadors Program is open to all students (i.e. undergraduate, graduate, and professional schools) who are dedicated to becoming leaders in PH and sustainable development. Ambassadors will develop, organize and promote PH activities on their campuses and across all UC campuses to expand knowledge of PH issues, mobilize student, faculty and staff involvement in PH initiatives, and catalyze critical change. This is an opportunity to become a leader that can balance the needs of populations and the planet.

Successful ambassadors will receive an annual fellowship award of \$250.

PROGRAM OBJECTIVES

- Introduce ambassadors to core concepts in PH and how these apply to real world problems.
- Provide experience and understanding in multi-sectoral solutions for sustainable development.
- · Develop ambassadors' leadership, research, and advocacy skills.
- Enable ambassadors' engagement with key faculty, researchers, and leaders in PH to further ambassadors' understanding of PH and strengthen their professional networks.

PROGRAM ELIGIBILITY REQUIREMENTS

- Full-time student (graduate or undergraduate), enrolled at a UC campus for the full 2018-2019 academic year.
- 2. Minimum 3.0 GPA.
- 3. A strong desire to learn about Planetary Health and have a solution-oriented positive attitude.
- Ability to work with and communicate to diverse individuals (students/faculty/staff) within campus, and across UC campuses, and PHCOE Leadership and staff.
- 5. Confident, self-motivated, well-organized, and able to work independently and in teams.
- 6. Excellent written, verbal communication, and critical thinking skills encouraged.
- 7. Social media skills (e.g. Facebook, Google, YouTube, Twitter).
- 8. Commitment to meet monthly with PHCOE Staff/Directors (in-person or online).
- Enthusiasm for developing Planetary Health focused activities and dialogue on your home campus, and synergies with ambassadors at other UC campuses.

Application deadline: Monday July 16th at 5 p.m. PST.

For questions and to your application please email: planetaryhealth@ucdavis.edu Planetary Health Center: www.ucghi.universityofcalifornia.edu/centers-of-expertise/planetary-health



Want to share your event with pre-health students at UCSB?

The Health Science Advising Newsletter will be distributed on or before the 1st of each month during the regular academic year.

If an individual or organization has an event taking place or information that would be of interest to pre-health students at UCSB, then please send an email, preferably with a flyer (PNG or JPG file formats), to prehealthinfo@ucsb.edu. Information should be submitted **at least two weeks** prior to the start of the month in which the event is to take place or in which the information being shared is relevant.

Flyers and event information submitted **during the week prior** to the start of the upcoming month are not guaranteed to be included in the newsletter for the upcoming month. Requests that do not have a flyer will be distributed using plain text.

Please direct questions to prehealthinfo@ucsb.edu.

Thank You!