By this time, you should have reached out to individuals regarding letters of recommendation.

May: AMCAS, AACOMAS, & TMDSAS go LIVE; Start Early...this takes a while. Able to submit late-May, verification goes through June.

By early July: Schools are able to download your application for review.

Complete Secondary Applications ASAP!

Start Interviewing at Medical Schools.

Factors to Consider Before Applying

1. Competitive GPAs: Cumulative GPA and science/BCPM GPA both at or above 3.5? If not, may consider post-bacc. programs.

2. Competitive MCAT Score: Composite score at or above the 50th percentile (501+)? If not, retake?

3. Extracurricular Involvement
   - Shadowing: Able to shadow a variety of physicians in various settings?
   - Clinical Experience: Work or volunteer experience, ideally with direct patient contact?
   - Volunteering (Non-Medical): Any service or volunteer work in the local community or your hometown?
   - Research: Did you participate in undergraduate research?
   - Other (Student org. involvement, non-medical work, athletics, study/travel abroad, etc.)

4. Personal Statement: Draft or Final Draft completed?

5. Letters of Recommendation: Requested and tentative date of application has been communicated to writers?

Remember, quality is always better than quantity, and long-term involvement is usually more meaningful than short stints.