

## **Factors to Consider Before Applying**

- 1. Competitive GPAs: Cumulative GPA and science/BCPM GPA both at or above 3.5? If not, may consider post-bacc. programs.
- 2. Competitive MCAT Score: Composite score at or above the 50th percentile (501+)? If not, retake?
- 3. Extracurricular Involvement

**Shadowing**: Able to shadow a variety of physicians in various settings?

Clinical Experience: Work or volunteer experience, ideally with direct patient contact?

Volunteering (Non-Medical): Any service or volunteer work in the local community or your hometown?

**Research**: Did you participate in undergraduate research?

Other (Student org. involvement, non-medical work, athletics, study/travel abroad, etc.)

- 4. Personal Statement: Draft or Final Draft completed?
- 5. Letters of Recommendation: Requested and tentative date of application has been communicated to writers?

**Early Decision:** 

August 1st

deadline to submit to

AMCAS.

September: Last MCAT test date

Health Professions Advising

Remember, quality is always better than quantity, and long-term involvement is usually more meaningful than short stints.