

Health Professions Advising Newsletter

October 2020

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Appointments and Drop ins

For drop ins, please text
"L and S Advising" to
805-585-5821 during
regularly scheduled Pre-
Health or Pre-Law drop
in hours and an advisor
will call you.

For appointments, use
the Letters and Science
Advising Appointment
system to make an
appointment and select
"by phone".

Follow Us!

Stay up-to-date on pre-
health related events and
opportunities both on and
off campus by following us
on Facebook
(UCSB Pre-Health Advising)
and Instagram
(@ucsbprehealthadvising)!

On Making a School List

A frequent question we get is how to make a list of schools to apply to. When it comes to making such an important decision, it can be difficult to know where to start.

Some questions to ask yourself may revolve around your values:

- Where do you want to be for the next 4 years? Is it important for you to be near people you know, or are you interested in branching out and exploring somewhere you've never been?
- What kind of medicine do you want to practice? Are there schools that focus on this type of curriculum?
- Do you have a passion for working with certain populations?
- What are the student demographics like? Do you prefer to be in a diverse learning environment where you may be challenged by others who are different from you, or would you rather be around people with similar values and ideologies?
- Is prestige important to you? Do you prefer to attend a private or public institution? What are the costs of these schools?

These questions are value-driven. When it comes to making a school list, it's also important to be realistic about school metrics and accepted student data from previous years. A first step to understanding your own metrics is calculating your GPA. Although UCSB supplies you with a cumulative GPA, it may be different from how AMCAS, or other centralized application services calculate your GPA. The [Course Classification Guide](#) can be helpful in determining which classes to use to calculate your BCPM GPA. Also note that [AMCAS uses all attempts of a repeated course, even though UCSB does not.](#)

When you're ready to begin researching schools that match your values and metrics, the [MSAR](#) can be a helpful starting point before visiting individual school websites. The AAMC also publishes [statistics](#) on applicant and matriculant data.

Although choosing a health professions school can feel overwhelming, it's important to approach the process one step at a time! Be sure to give yourself plenty of time to consider these questions and do your research. An excel or google spreadsheet can be helpful to organize your thoughts and discoveries, and of course your pre-health advisors are happy to discuss your findings with you!

Contact Info

Location: 2105 North Hall | Email: prehealthinfo@ltsc.ucsb.edu | Phone: (805) 893-2038

Health Professions Advising Events & Activities Calendar

October 2020

Note: drop-in advising will take place on Tuesdays and Wednesdays from 1:00pm - 3:30pm & alternating Fridays from 9:00am - 11:30am (see below)

Monday	Tuesday	Wednesday	Thursday	Friday	Sat./Sun
	UCSB Flu Vaccine Clinics, 9am - 5pm, 9/30, 10/1, 10/2, 10/5, 10/6, & 10/7 Outside the Rec Center		1 First day of instruction <u>ASCO Optometry Virtual Fair</u>	2 Phone Drop Ins: 9am-11:30am	3 4
5	6	7 Phone Drop Ins: 1pm-3:30pm	8 Phone Drop Ins: 1pm-3:30pm <u>Podiatric Medicine Virtual Fair</u>	9	10 11
12	13 <u>Choose DO: Medical School Virtual Expo, 3pm-9pm</u>	14 Phone Drop Ins: 1pm-3:30pm	15	16 Phone Drop Ins: 9am-11:30am	17 18 <u>UC Davis Virtual Pre-Health Conference</u>
19	20	21 Phone Drop Ins: 1pm-3:30pm	22 <u>Career Services Virtual Fair: Science, Technology & Engineering, 9am-3pm</u>	23	24 25
26	27	28 Phone Drop Ins: 1pm-3:30pm	29	30 Phone Drop Ins: 9am-11:30am	31

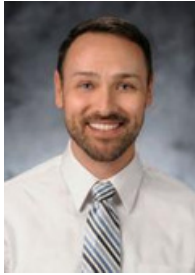
Pre-Health Student Organizations Meeting Information

All UCSB student organization meetings will take place virtually. Please contact your organization for more information.

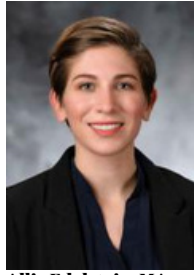
Did you miss our Week of Welcome Event?

Meet the UCSB Health Professions Advising staff and peer advisors! If you would like to speak to one of us, you may schedule a 30 minute appointment (for more in-depth conversation) or speak to one of us during our drop-in advising hours (quick questions). For more information and to schedule an appointment, just click the "Schedule an Appointment" button on the homepage of our website!

Staff



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Health Sciences Programs Mentor
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Peers (1st & 2nd Year students only, please!)



Anna Meehan
Pre-Health Peer Advisor
2105 North Hall
3rd Yr Bio. Sci./Pre-Med.



Juliette Rebello
Pre-Health Peer Advisor
2105 North Hall
4th Yr. CDBio./Biomedical Sciences



Sam Aguilar
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2105 North Hall
4th Yr. Biopsych./Pre-Dent.

Want to share your event with pre-health students at UCSB?

The Health Professions Advising Newsletter is distributed on or before the 1st of each month during the regular academic year.

If you or your organization have an event taking place or information that would be of interest to pre-health students at UCSB, then please send an email with a flyer (PNG or JPG file formats) to prehealthinfo@ltsc.ucsb.edu. Information should be submitted **at least two weeks** prior to the start of the month in which the event is to take place or in which the information being shared is relevant.

Flyers and event information submitted **during the week prior** to the start of the upcoming month are not guaranteed to be included in the newsletter for the upcoming month. Requests that do not have a flyer will be distributed using plain text.

Please direct questions to prehealthinfo@ltsc.ucsb.edu.

Thank You!



Advising Appointment Reminder!

Zoom



***Appointments with Rob, Allie,
Anna, or Juliette:***

**Prefer Zoom? Send an email to
prehealthinfo@ltsc.ucsb.edu
indicating your preference.
Please include your perm #, day
& time of appointment, and the
name of the advisor.**

Phone



**Note: Phone is the default
appointment type.**

**Also, be sure to join the listserv
and follow us on social media!**

Note: Drop-Ins will all be conducted by phone.



From our Instagram & Facebook Posts

Attention Test-Takers!

Closure of U.S.- and Canada-based Pearson VUE-owned Test Centers

Due to increasing concern for the health and safety of our candidates and our employees and in response to government guidance and difficulty procuring the critical hygienic products that keep our test centers safe, we are temporarily closing our U.S.- and Canada-based Pearson VUE-owned test centers starting Tuesday, March 17.

Candidates can reschedule their exams for appointments starting April 16 and beyond if conditions allow. For information on global regions outside the U.S. and Canada, please see below.

Candidate Scheduling Information

If you already have a scheduled exam:

You will receive an email cancellation notice and you will either receive a refund (if paid to Pearson VUE) or an extension as determined by your exam sponsor. We will work with you to reschedule your exam as soon as it is safe to resume test delivery (on or after April 16).

If you are looking to schedule an exam:

Registration windows for new exam appointments will not be available until April 16. If you have additional questions regarding voucher usage or testing windows, please visit your exam program homepage to speak to the customer service team associated with your program.

For a list of all tests administered by Pearson VUE:

<https://home.pearsonvue.com/Test-takers/A-to-Z-program-list/View-all.aspx>

Virtual Shadowing

University of Colorado School of Medicine

Email

breanna.mckercher@cuanschutz.edu
to enroll.

You may also be interested in
Webshadowers
[https://webshadowers.wixsite.
com/website](https://webshadowers.wixsite.com/website)

Great Resource

The National Association of
Advisors for the Health
Professions (NAAHP) has created a
page with links and resources to
help you understand how
professional school applications
and admissions tests are being
affected by COVID-19!

[https://www.naahp.org/covid-
19hplinks/home](https://www.naahp.org/covid-19hplinks/home)

BIG TEN⁺ GRADUATE SCHOOL EXPO

HARDWIRED FOR GRAD? SCHOOL!

Explore Your Options!

- Check out information-packed workshops on all phases of the graduate application process
- Connect with representatives from top-ranked Purdue programs and other institutions, including Big Ten
- Apply to the Purdue Graduate School for Free

"The Grad Expo provided phenomenal amounts of information that provided clarity on how to navigate the graduate school process."
-Past Student Attendee

VIRTUAL EXPERIENCE
OCT. 4-5, 2020



SCIENCE
TECHNOLOGY
ENGINEERING
MATHEMATICS
RELATED FIELDS



purdue.edu/gradexpo



CATALYZING COMMUNITY CHANGE THROUGH PRIMARY CARE: A TWO-YEAR FELLOWSHIP

- MedServe places future healthcare providers in “rock star” primary care clinics across rural and other medically underserved communities to serve in both a clinical and community role.
 - Fellowship Perks:
 - \$20,000/yr living stipend + \$6,195/yr education award
 - 2 Week Training Institute in Chapel Hill, NC at UNC SOM
 - Personalized med school application prep and support
 - Quarterly Trainings across the state in Charlotte, Asheville & Greenville
 - Access to alumni network of providers, PA + MD students
- Early Bird application opens 10/1/20 + closes 12/1/20. Main Round applications close 2/15/21. Applicants are encouraged to apply early for best clinic matches.

APPLY AT WWW.MED-SERVE.ORG

UCSB'S DEM

CO-ED & PRE-HEALTH
PROFESSIONAL FRATERNITY

presents...

Beyond Skyscrapers

Delta Epsilon Mu, UCSB's premiere Co-Ed pre-health fraternity is pleased to be hosting Fall 2020 Beta Class Recruitment via zoom! We will be revealing what our fraternity has to offer to different pre-health tracks, and answering questions from interested students starting Monday October 5th. All majors are welcome to join and apply. Google Interest Form for more information: <https://forms.gle/9Z6jFXFmx8nfs6VA7>

INFO NIGHT

Connect with us online to learn more about our chapter here at UCSB and what our fraternity is dedicated to!

DATE: Oct. 5

7 to 8 PM

ATTIRE: CASUAL
FORMAT: ZOOM

SERVICE+ SPEEDBONDING

Learn more about our Philanthropy and meet the lovely members of our chapter.

DATE: Oct. 6

7 to 8 PM

ATTIRE: CASUAL
FORMAT: ZOOM

PROFESSIONAL DEVELOPMENT

Come to develop professional skills and learn more about the various fields in health.

DATE: Oct. 7

7 to 9 PM

ATTIRE: BUSINESS CASUAL
FORMAT: ZOOM

APPLICATIONS DUE

Please turn in your application, resume and a professional photo!

DATE: Oct. 8

DUE 6 PM

DEMINGLE: GAMENIGHT

Join us for some FUN with GAME NIGHT!

INVITE ONLY

DATE: Oct. 9

TBA

ATTIRE: CASUAL
FORMAT: ZOOM

THE INTERVIEWS

The day of ...

INVITE ONLY

DATE: Oct. 10

TBA

ATTIRE: BUSINESS PROFESSIONAL
FORMAT: ZOOM



/dem.alphasigma



ucsbdem.com



@dem_alphasigmachapter



ucsbdem.recruitment@gmail.com

Hey all! Have questions or want advice about medical school??

Dr. Eric Larson graduated from UCSB in 2011 before attending St. Louis University for medical school! He is now in the 4th year of his orthopedic surgery residency at the University of Virginia and is kind enough to make himself available for questions from our pre-med students!!

eric.stanley.larson@gmail.com

GEORGETOWN UNIVERSITY SCHOOL OF MEDICINE

Admissions Info Sessions

Student Panel Info Sessions

October 14
November 11
December 9

} **8pm**

Traditional Info Sessions

September 30
October 28
November 25
December 16

} **12pm**



CHOOSE DO
A NEW GENERATION OF DOCTORS

**MEDICAL SCHOOL
VIRTUAL EXPO**

**OCTOBER 13, 2020
12:00PM - 6:00 PM ET**



PHOTO CREDIT: LIBERTY UNIVERSITY COLLEGE OF OSTEOPATHIC MEDICINE

Take Medical Humanities at UCSB Online

DISCOUNTS FOR FALL 2020

For a limited time, UCSB Students can enroll in Intro to Medical Humanities with a 50% discount.

[Follow the instructions on the course page.](#)

HFA Scholarships, worth a 50% tuition discount, are also available. In combination with the PaCE Discount above, HFA scholarship recipients will not pay ANY tuition for the Fall 2020 course!

[Contact us for more information](#)

<https://ucsbprofessionalandcontinuingeducation.createand1.com/t/r-l-jhcvhy-l-k/>

UCSB HEALTH & EQUITY ALLIANCE

Addressing public health inequity through
**education, advocacy, and community
service.**

**Join us at the Virtual RCO Involvement
Fair on September 28th, or come to our
first General Meeting on October 8th!**

Email us for more information and
to be added to our email list!
heal.ucsb@gmail.com



Health & Equity Alliance is a student-led campus organization aiming to prevent local and global public health inequity through education, advocacy, and community service. Using an interdisciplinary approach, HEAL aims to create a diverse and inclusive community for students of all majors and backgrounds who are interested in becoming involved in the social determinants of health. Our organization focuses on educating our community on health disparities, providing opportunities for the advocacy of humanitarian aid, and quarter-long volunteer projects to directly combat health inequities affecting underserved communities at home and around the world.

Feel free to email HEAL at heal.ucsb@gmail.com with any questions or to be added to our email list for the quarter! Find out more on what Health & Equity Alliance has to offer at UCSB's Virtual Involvement Fair on September 28th, 2020 on Shoreline or come to our first general meeting on October 8th, 2020. Hope to see you there! :)

You can join our General Meeting by using the Zoom link that we will be posting on our Facebook page and sending out to our email list.

Give us your feedback!



UCSB Health Professions Advising would like your feedback on the advising you receive and programs we offer. Share with us what you love and find beneficial about Health Science Advising, and also let us know what we can do better or what information you think would be beneficial for yourself and other pre-health students at UCSB!

Follow this link to complete the survey:
<https://forms.gle/DffDrnuXNzT4NoP57>



Join the fight against Alzheimer's at UCSB!

Volunteering Opportunities • Advocacy • Research and Education

Join us for our first meeting of the year: Tuesday, October 6, 2020 at 7:00 pm on Zoom!

Meeting ID and link: 949 8387 2691 ucsb.zoom.us/j/94983872691

 @ymaaucsb

Contact: ymaa.ucsb@gmail.com

CLAS Academic Skills Workshops for Pre-Health Students!

Do you find yourself struggling in courses or want to improve in skills vital for success in your studies and future profession?



CLAS offers 90-minute sessions featuring specific exercises designed to help students identify and improve their academic skills!

- Time Management*
- Fighting Procrastination*
- Make a Study Plan*
- Confronting Confusion*
- Lecture Strategies*
- Reading Efficiency*
- Essay Exam Strategies
- Multiple Choice Exams
- Writing Papers
- Citing Sources
- Reading Comprehension
- Focus
- Motivation
- Confidence
- Performance Exams (New!)

To find sessions offered this quarter, visit the link below or navigate to the "Academic Skills" page under the "Services" tab of the CLAS website!

<http://clas.sa.ucsb.edu/enrollment-schedules-overview/workshop-schedule>

***= workshops we highly recommend
for Pre-Health Students!**

Virtual Volunteer Opportunity

During the COVID-19 pandemic, EduMate NYC has connected 1500+ underserved New York City public school students with free virtual college tutors and hosted 20+ summer workshops and month long programs to help fill gaps in their education left by the move from in-person to digital learning due to the coronavirus pandemic. Our tutoring includes all classic school subjects and the arts, preparation for standardized tests, and guidance on the college application and essay-writing process. We prioritize students from low-income households, English language learners, students with special educational needs, and others who face disproportionate barriers to educational access.

Fall sign ups are now open at <http://tutors.edumatenyc.org/>. EduMate NYC can use all the support we can get to help serve disadvantaged students by providing additional academic support at a critical moment. We provide all of our volunteers with a brief training video and academic/accessibility resources to support their work, and require just one hour per week of tutoring through December 23rd, 2020.

You can go to our website, www.edumatenyc.org, and also follow us (@edumatenyc on Facebook, Twitter, and Instagram) for more information.

Become an EMT!

[Learn More](#)

Please check PaCE's website for up-to-date info on the Summer EMT Course.

UCSB Professional and Continuing Education (PaCE) is now offering Emergency Medical Technician (EMT) Certification training on campus! Space is still available in the Spring/Summer section. Students pursuing a higher level of medical training such as RN, PA or MD can use this certification and experience as an enhancement for the competitive application process found in those professions. The course will include clinical observations in hospital and/or ambulance settings.

To Information, visit:

<https://enroll.professional.ucsb.edu/search/publicCourseSearchDetails.do?method=load&courseId=31276812>

Update your Pre-Professional Emphasis in GOLD!

1. Login to GOLD.

UCSB Gaucho On-Line Data

Current Students

UCSB Net ID

Password

Login

For assistance with your UCSB

UCSB Gaucho On-Line Data

MESSAGES FEEDBACK HELP LOGOUT

MY SCHEDULE FIND COURSES REGISTRATION GRADES + PROGRESS + ABOUT ME +

ABOUT ME

My Personal Info
My Addresses
My Notifications

ANNOUNCEMENTS

Welcome

Last successful login: 12/5/2019 1:05 PM

You have 2 unread message(s).

Online Courses at Other UC Campuses

Undergraduate students interested in enrolling in online courses offered by other UC campuses for Winter 2020 should consult the UC Cross-Campus Enrollment website (<http://crossenroll.universityofcalifornia.edu>).

Please note that students enrolling in these courses must meet all eligibility criteria for Simultaneous Enrollment (<http://registrar.sa.ucsb.edu/intercampus.aspx>) with one exception: students do not necessarily need to be enrolled in 12 on campus units to be eligible to enroll in UCOE courses unless they are international students or student athletes. Students in the College of Letters and Science and the College of Engineering should meet with an adviser in their college prior to enrollment.

Continue

2. Navigate to "My Personal Info" under the ABOUT ME tab.

UCSB Gaucho On-Line Data

MESSAGES FEEDBACK HELP LOGOUT

MY SCHEDULE FIND COURSES REGISTRATION GRADES + PROGRESS + ABOUT ME +

PERSONAL DATA

Your current preferences are shown below. If you want to update them, make the change(s) you need and click 'Update'.

Pre-Professional Emphasis: MEDICINE

Marital Status:

Dependents:

Don't include yourself as a dependent.

Religious Preference:

You have the option of supplying this information. It will be released to the University Religious Center of Santa Barbara.

GOLD/Printed Student Directory:

May we include your address and phone number in the online GOLD Directory and the printed Associated Students Directory?

E-Mail Directory:

May we include your U-mail address in the online GOLD Directory and the printed Associated Students Directory?

Preferred Name:

To update your Preferred Name, please log into [Directory Services' Directory Editor](#), and update the Commonly Used First Name field.

Pronoun:

- How is this Information Used?
- Learn More About Pronouns

Cancel Update

4. Don't forget to update your preferences!