

Tips for Seeking Shadowing and Clinical Experiences

A quick online search can provide students with a list of healthcare professionals in their area. Please consider these tips prior to reaching out to businesses, hospitals, clinics, and individual providers.

1. If there is a website, review the information contained within it before reaching out. Larger hospitals and clinics may have a Human Resources department or representative that oversees students who are interested in shadowing or gaining other clinical experiences. Look for and review information related to the hospital or clinic's policies regarding student visitors prior to contacting Human Resources.
2. Private practices and small businesses may not have a Human Resources Department, but they may have an office manager. Review the practice or business' website prior to emailing or calling. If there is no website, but you were able to find contact info online, then reach out via phone or email.
3. Be professional! Whether you are corresponding via phone, email, or in person, always present yourself as a motivated young professional.
 - a. Phone: Avoid using slang/colloquial terms. For example, instead of saying "Yeah" or "Nah", say "Yes" or "No". Treat the conversation as if you are applying for a job.
 - b. Email: This a great resource for composing a professional email. [Click Here](#)
 - c. In-Person: Again, dress as if you are applying for a position with the hospital, clinic, business, or practice.
4. Be persistent. You will be turned away, but don't let this discourage you! Move on to the next organization on your list.
5. Leverage your network. Family, friends, and peers at UCSB (Student Orgs) are great resources that can help connect you to healthcare professionals.